



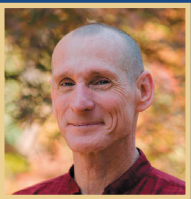
Kara Napolitano
MS, MA



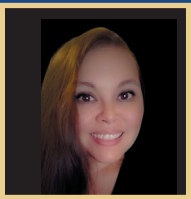
Ben Cort
CEO



Shamecca Scott
PsyD, MSCP, ABPP



John Bruna
CADC



Kateri Coyhis
MPA



Dave Johnson
M.Ed



Lisa Marzilli
PharmD, CDOE



Program Includes:
Eibhis Education
Up to 35 CE's Awarded by NAADAC

49th Advanced International Winter Symposium

February 3 - February 7, 2024
Saturday - Wednesday

Addictive Disorders, Behavioral Health and Mental Health

The DoubleTree by Hilton Hotel
1775 East Cheyenne Mountain Blvd.
Colorado Springs, CO 80906
719-576-8900

❄️ DINE & LAUGH ❄️

Mark Lundholm

COMEDY & COHESION

An unflinching view of the current
landscape of gratitude, client care,
passion & purpose at work, and...
laughter along the way!



Sunday, February 4th, 5:15-7:00pm | Pre-Registration Online Required (\$55)

◆◆ PLATINUM SUPPORTER ◆◆



◆◆ GOLD SUPPORTERS ◆◆



REGISTER ONLINE

www.AddictionandMentalHealth.org

Additional Faculty Online



PRE SYMPOSIUM WORKSHOPS

SATURDAY, FEBRUARY 3, 2024 | 8:30AM-4:30PM

Pre-Registration
Online Required
(\$125) 6 CEs



REIN IN YOUR BRAIN: CHANGING NEUROPATHWAYS IN RECOVERY

Cynthia Moreno Tuohy, BSW, NCACII, CDCIII, SAP

With funding from the National Institute on Drug Abuse (NIDA), Cynthia Moreno Tuohy worked with Danya International to conceptualize, develop, and evaluate a multi-component, multi-media tool for use by substance use, mental health and health professionals to help adults, youth and families improve their conflict resolution knowledge, attitudes and skills. The CRR Program is versatile in its components as it can be used in part or in whole, and the modules can be moved around to meet the needs of the clinician or the program. The Facilitator Manual is sectioned in 12 components that can also be used in whole or parted out for use. Lecture notes handouts, tools, power points and a participant workbook is available for easy use by the clinician/instructor. The training is an intensive set of psycho-emotional-social-spiritual Cognitive Behavioral Therapy (CBT) treatments that, if followed, will result in a lifestyle change in the brain. This program will affect a "self and other" assessment of conflict style with a communication style, with the goal of behavior changes that are instilled in the brain. Some treatment sessions are based in brain research and CBT treatments that have been effective for anger, trauma, impulse control and relapse-triggering issues. Other techniques are employed that unify the principles of social learning and emotional intelligence theory that mark this program as different from "anger management" programs. This program affects behavioral learning with emotional development and maturity that results in long-term changes in the brain and behavior.



PROFESSIONAL WOUNDED HEALER: THE ETHICAL NEED TO PROMOTE PSYCHOLOGICAL WELLNESS WITHIN ONESELF

Dr. Mita Johnson, EdD, NCC, LPC, ACS, LMFT, LMFT-S, LAC, MAC, SAP, BCTHP

The COVID-19 pandemic was a time during which many clinicians worked selflessly to be available to their clients who were struggling during the time of isolation. What we have since learned is that the practice of self-care – by those of us in the helping professions – is one of the most important ethical activities that we can engage in. The emotional cost of the work we do is immense; the need for ethical practices that support self-care and self-compassion is equally immense. This workshop will delve into what ethics and self-care looks like for behavioral healthcare (mental health & substance use disorder) professionals. This highly interactive and experiential session will look at ethics through the lens of professional practice including trauma (PTSD, moral injury, vicarious trauma), self-compassion, self-forgiveness, and healing. Ethical standards of practice and competency related to scope of practice will be integrated into this workshop. **6 Ethics Credits**



LUNCH PRESENTATION

TUESDAY, FEBRUARY 6, 2024 | 12:15PM-1:45PM

Pre-Registration
Online
Required (\$55)



NAVIGATING INDUSTRY EVOLUTION: REGULATORY CHANGES, VALUE BASED CARE, AND TECHNOLOGICAL ADVANCEMENTS

Parker J. Smith, CAS, CEO

Behavioral healthcare is rapidly evolving. Workforce shortages, regulatory changes, payer requirements and evolving reimbursement models create an immediate and ongoing challenge for all industry stakeholders. This presentation will cover recent regulatory changes, define the most pressing challenges, and provide both education and immediate solutions to behavioral healthcare executives and leaders.



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